

Fast Track - Introduction to Adlerian Counselling

Access course: 3 year Combined Adlerian Diploma Course

Time: Saturdays 10.00 - 4.30 pm **Sundays** 9.30 – 2.00 pm
Date: **Weekends** 29, 30 July and 5,6 August 2017
Venue: **56 St James Street, Narberth**
Tutors: Martyn Williams and Candy Williams
Cost: £300.00 with £50.00 deposit payable in advance (non-refundable but transferable)

Who is the course for?

The Adlerian Society is pleased to announce that it will be running another Fast Track Introduction Course in the summer of 2017. The Course is open entry and will be suitable for anyone who is interested in counselling, personal development, support, working with children and young people, or in understanding what motivates human behaviour.

Entry Requirements and Accreditation

The course is open to anyone above the age of 18 years. The course is accredited by the Adlerian Society and successful completion gives access to the Certificate in Adlerian Counselling for those over the age of 23 years, or for suitably qualified professionals over the age of 25, the Adlerian Diploma. A certificate of attendance is given by the Adlerian Society of Wales.

Course content and methodology

The Course will include short lectures/seminars, counselling demonstrations, small group work, experiential exercises and, where applicable, one to one tutorials.

Course content includes a thorough introduction to Adlerian theory and practice and a range of counselling skills including the following:-

- Key concepts and theory of Adlerian Psychology.
- Birth Order: understanding how our place in the family system influences our personality.
- Childhood Early Memories: the key to understanding human behaviour and self-concept.
- Counselling Demonstrations.
- Encouraging Co-operative Children: the mistaken goals of child behaviour.
- Family Constellations: how family atmosphere, values and myths play their part in our lives.
- Dreams and their interpretation.
- The Adlerian concept of neurosis and mental health.
- Social Interest: the measure of mental health.
- How to bring about changes of behaviour.
- Practice in a range of counselling and communication skills.

Booking: Please contact: Administrator, Adlerian Society of Wales, 56 St James Street, Narberth, SA67 7DA
Tel: **01834 860330** Email: info@adleriansocietywales.org.uk.

Completed application forms and a deposit of £50.00, cheque payable to 'Adlerian Society of Wales' to be sent to the above address.



Adlerian Society
of Wales

An organisational member of the British Association for Counselling and Psychotherapy BACP
The Adlerian Society of Wales registered charity no. 1164495